

GLUTEN-FREE MENU

at



The Claret Jug

STARTERS

Spicy king prawns on a bed of rice	£6.95
Chicken Caesar salad	£6.50

MAIN COURSES

Chicken stack served on a bed of mash with taco onions and gluten-free pepper sauce	£15.50
Duck stir fry served on a bed of rice	£14.00
Chicken curry	£14.95
Vegetable curry	£12.00

MAIN COURSES - MEAT

10 oz Fillet steak	£29.95
12 oz Sirloin steak	£27.00

MAIN COURSES - PASTA

Carbonara of chicken	£14.95
Chilli beef pasta	£14.95

MAIN COURSES - FISH

Sea bass served on a bed of champ with tenderstem broccoli and white wine sauce	£17.00
Salmon served on a bed of mash with green beans and white wine sauce	£17.95
Hake served with green beans with white wine sauce and a side of your choice	£17.95

DESSERTS

Pavlova	£6.00
Chocolate fudge cake	£6.50