

# GLUTEN-FREE MENU

at



*The Claret Jug*

## STARTERS

Spicy king prawns on a bed of rice	£6.20
Chicken Caesar salad	£6.50
Spicy chicken on a bed of rice	£6.20

## MAIN COURSES

Chicken stack served on a bed of mash with taco onions and gluten-free pepper sauce	£14.50
Duck stir fry served on a bed of rice	£14.95
Chicken curry	£12.95
Vegetable curry	£9.50

## MAIN COURSES - MEAT

10 oz Fillet steak	£25.00
12 oz Sirloin steak	£23.50
10 oz Rib eye steak	£23.50

## MAIN COURSES - PASTA

Carbonara of chicken	£12.95
Chilli beef pasta	£12.00

## MAIN COURSES - FISH

Sea bass served on a bed of champ with tenderstem broccoli and white wine sauce	£14.50
Salmon served on a bed of mash with green beans and white wine sauce	£14.95
Hake served with green beans with white wine sauce and a side of your choice	£15.50

## DESSERTS

Pavlova	£5.00
Chocolate fudge cake	£5.50